

G SPA AT MGM GRAND AT FOXWOODS

HITS THE SPOT EVERY TIME



WELCOME TO G SPA

G Spa at MGM Grand at Foxwoods is unlike anything you've ever experienced. Everything about our distinctive destination, from the sensual surroundings and superb service to the skilled staff and sensational spa products is designed around YOU - to help get you relaxed, revived, recharged in the most personalized manner. Nothing, and we mean nothing, hits the spot like G Spa. Visit and get a taste of our decidedly different spa for yourself.

The G Spa credo is simple - to provide you, our clients with the highest level of service and finest treatments and products available – all in a world class setting provided by a world class staff. To accomplish this, we ask your help - in getting to know you. As we learn from you, we will create and deliver custom treatments as individual as you are.

A ONE-OF-A-KIND EXPERIENCE



G Spa represents the vision of its founder Gretta Monahan. Gretta is best known for her ground-breaking and award-winning salons and fashion concepts. Her beauty and fashion vision have been well documented on television and in beauty and fashion editorial in magazines such as Vogue and Marie Claire.

When Gretta was invited to be a part of the new MGM Grand at Foxwoods, she knew she had a unique opportunity to create a spa that offered an unparalleled level of luxury and service. Once you enter the unique world of G Spa, you'll agree that she's most definitely done so.

G Spa was designed to reflect Gretta's vision and the sensibilities of you – our clients, while respecting the Native American heritage of our hosts – the Mashantucket Pequot Tribal Nation, all in a stunning environment created by MGM Grand.

We invite you to visit G Spa and suggest that you select one or more of our treatments that we will personalize for you. After all, you're an individual inside and out, from your hair and skin to your personality and attitude. Your treatment should be as unique as you are.



G SPA FOR **HAIR** EXTRAORDINAIRE

YOUR HAIR IS A VERY IMPORTANT PART OF YOUR PACKAGE. WHICH IS WHY THE PROFESSIONALS AT G SPA TAKE THE PURSUIT OF HAIR PERFECTION VERY SERIOUSLY.

G HAUTE HAIR SERVICES

G Tress Cut & Style

- from \$75

G Man Cut

- from \$55

G Bang Trim

- from \$20

G Beard Tamer

- from \$35

G Pumping Iron, styling iron to dry hair

- from \$25

G Haute Hair Blow Out

- from \$35

G HAIR COLOR SERVICES

G Single Process Color

- from \$85

G Glaze

- from \$65

G Glossing

- from \$55

G Partial Foils

- from \$100

G Full Foils

- from \$170

G Corrective Color

- priced upon consultation

G HAUTE HAIR SPECIAL SERVICES

G Spa's expert stylists will develop a custom treatment for you using Kerastase® luxury hair care products. Your stylist will prescribe the exact products for your hair, whether it craves Nourishing, Color Radiance, Reconstructing, Volumizing, or Age Resistance.

- G Kerastase Custom Deep Conditioning Ritual • \$45
- G Kerastase Luxury Ritual • \$90
- G Relaxing Treat • from \$60
- G Thermal Reconditioning Treat • priced upon consultation

G EVENT SERVICES FOR AN AFFAIR TO REMEMBER

- G Red Carpet Hair Consultation • \$25
- G Red Carpet Hair Updo/Styling • priced upon consultation
- G Red Carpet Makeup Application • \$75

G SPA MANICURES AND PEDICURES

LET US HELP YOU NAIL IT

G SPA'S HIGHLY-TRAINED NAIL TECHS WILL PROVIDE YOU WITH THE FINEST IN MANIS AND PEDIS. ALL OF OUR CUSTOM MANICURES AND PEDICURES INCLUDE CUTICLE TREATMENTS, NAIL SHAPING, CONDITIONING, AND POLISH.

G Quench Mani - Your hands will be treated to a warm towel wrap, meticulous clipping and shaping, careful cuticle removal and hand rub, all finished off with the polish of your choice. • \$45

G Quench Pedi - Give your tough, tired feet a break as you experience the exquisite scent of our skin-softening, citrus-infused footbath. We employ three types of professional exfoliation treatments, along with a hydrating massage for feet that feel fantastic. • \$75

G Balsamico Indulgence Mani - This Italian inspired mani features a smooth cream based on the precious properties of Balsamic Vinegar that purify and regenerate while grapeseed and olive leaf extracts clarify your skin, leaving it soft and silky. Finish with perfect polish! • \$55

G Balsamico Indulgence Pedi - Same as our mani, but with extra exfoliation and massage for worn out soles. • \$85

G Spa Sweet & Tempting Yogurt Mani - The nutritional benefits of yogurt have been recognized by millions of people around the globe for over 4,500 years. Now yogurt has a new use, one designed to leave your hands feeling smoother and healthier than ever. This delicious treatment is hydrating and healing for skin that needs a little extra moisture. Your nails will be shining along with your perfectly moisturized hands. • \$65

G Spa Sweet & Tempting Yogurt Pedi - Same as our mani but with an extra long moisturizing massage. • \$95

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- G White Tea Blossom Mani** – White Tea is a specialty of the Chinese Province of Fujian. It has long been known for possessing anti-bacterial and anti-viral properties. G Spa has taken the essence of this beneficial leaf and made it the key ingredient of our White Tea Blossom Mani which will leave your hands perfectly cleansed and polished. • \$75
- G White Tea Blossom Pedi** – Same as our mani, but with an energizing calf and foot massage. • \$100
- G French Dip Polish** – Give your nails a little extra ooh la la...take a dip and see what we mean. • \$10
- G Hot Paraffin Wrap** – The therapeutic and aesthetic values of paraffin can be traced to ancient civilizations. Its unsurpassed ability to help rejuvenate, hydrate and nourish, as well as increase circulation of the skin, make this a service worth selecting. • \$25
- G Polish Change** – When you have a change of heart, we suggest a change of polish color. • \$20
- G Machine** – Imported from South America, the “Machine” is a pedicure miracle that quickly and instantly removes months of callous buildup. It’s the ideal upgrade for feet that can use a hand. • \$25

G SPA FOR A FABULOUS FACE

OUR TEAM OF EXPERT AESTHETICIANS WILL EVALUATE YOUR SKIN AND WILL DEVELOP A CUSTOM TREATMENT TO SATISFY YOUR NEEDS.



G SKIN TREATS

G Spa Original Splurge Facial - This fabulous facial utilizes a wide variety of treatment options to address any skin care issues you might have. Your aesthetician will customize your facial based on a consultation to determine the ideal treatment for you. *50 Minutes • \$130*

G Spa Signature Facial - The G Spa Signature Facial is a one-of-a-kind treatment featuring a potent botanical, mega-rich cellular therapy. Our expert aestheticians are eager to create the perfect formula for your skin using a custom blend of enzymes to leave you with radiant skin. *50 Minutes • \$145*

G Tox Facial - We use oxygen therapy to detoxify and to revive tired complexions. Oxygen is a natural anti-bacterial that has the ability to revive tired skin and restore healthy circulation. *50 Minutes • \$160*

G GABA Freeze Facial - GABA (Gamma Aminobutyric Acid) is produced in the body as a natural muscle relaxant. When used in conjunction with other key ingredients found in our G GABA Freeze Facial (with Freeze 24-7™ products), it diminishes the appearance of fine lines and wrinkles on the facial area quickly, safely, and effectively with no side effects. *50 Minutes • \$165*

G Glow Facial - Our G Glow Facial promises to revive dull complexions with triple exfoliation and by perfectly hydrating your face to reveal the fresh, healthy and glowing skin concealed just beneath the surface. *50 Minutes • \$175*

G Tea Anti-Aging Facial - Green Tea Extract has many beneficial qualities. In addition to its antioxidant properties, Green Tea softens skin. Our G Tea Facial performs minor miracles by refreshing your skin, softening its texture, and helping counter the effects of age.

80 Minutes • \$195

Vita G Radiant Facial - Our own special recipe proven to revitalize your skin, enhanced by ingredients based on your skin type, to make you look younger and more radiant. It does so by employing a combination of vitamins that all not-so-coincidentally begin with the letter “G”. They were also chosen because they’re essential anti-oxidants that bind with healthy skin cells to plump fine lines and wrinkles, tone the skin and diminish the severity of damaged skin.

80 Minutes • \$210

G SKIN TREAT QUICKIE ADD-ONS

G Vixen Lip Plumping Treat - Plump up the volume on your lips with this exclusive G Spa service. Your lips will be exfoliated, massaged, moisturized and topped off with a pouty lip-gloss application.

• \$35

G Glamour Eyes Collagen Treat - Our combination of collagen and aloe-based moisturizers help to smooth fine lines, hydrate the delicate eye skin and minimize dark circles.

• \$35

G Lift Firming Bust & Neck Treat - We employ a combination of our most technologically advanced products to help firm and tighten saggy busts and necks.

• \$75

G FUZZ BUSTER SERVICES

G Brow Design & Shaping

• \$30

G Luscious Lip Wax

• \$25

Chinny Chin Chin Wax

• \$25

G Underarm Wax

• \$35

G Hit-the-Spot Patch Wax

• \$10

G California Bikini Wax

• from \$50

G Brazilian Bikini Wax

• from \$65

G Lovely Leg Full Wax

• \$100

G Lovely Leg Half Wax

• \$75

G Bare Arms Full Wax

• \$75

G Bare Arms Half Wax

• \$50

G Bare Back Wax

• from \$100

G SPA FOR MASTERFUL MESSAGES

GIVE IN TO THE TEMPTATION OF A SOOTHING MESSAGE AT THE ABLE HANDS OF THE MASTER MESSAGE THERAPISTS AT G SPA. HIGHLY-TRAINED IN THE FINE ART OF MESSAGE, THEY STAND READY TO HAND OUT AN ARRAY OF THERAPEUTIC AND REJUVENATING TREATMENTS, ALL WITH RESULTS YOU NEVER FELT POSSIBLE.



G SPA MASSAGE THERAPY SERVICES

G Spa Original Splurge

Whether you're looking to knead away muscle aches or to simply relax and melt away stress, our full body massages are tailored to your wants and needs by highly-trained therapists, choosing from a variety of techniques to ensure you obtain the ideal treatment.

50 Minutes • \$130
80 Minutes • \$190

G Hot Rocks Therapy

First used by Native Americans centuries ago, our hot rocks will leave you energized and rejuvenated. To get you to that special state of body and mind, we employ smooth, heated Basalt stones that are placed along crucial points on your body, easing tense muscles and improving energy flow.

50 Minutes • \$165
80 Minutes • \$245

Gojoba Soothing Massage Ritual

Go reward yourself with this soothing full-body massage ritual. A thoroughly enjoyable and relaxing experience, utilizing a host of treatment products centered around the unique and effective recuperative properties of Jojoba, or as we like to call it at G Spa - Gojoba.

50 Minutes • \$145

80 Minutes • \$225

Momma Massage

Designed just for moms-to-be, our prenatal massage soothes both body and mind. Your baby is sure to go ga-ga over it, too.

50 Minutes • \$140

G Spa Deep Tissue Massage

When tensions run deep, you really should consider this session. After all, it's designed to get right to the root of the matter.

50 Minutes • \$150

80 Minutes • \$230

G Spa Flexology

Reflexology techniques are incorporated in this special session that'll leave you feeling as loose and limber as a gymnast.

30 Minutes • \$95

G Whiz Chair Massage

Take a seat, and allow our massage therapists to whisk away your tension.

15 Minutes • \$35

Double Your Pleasure

Couples Massage

Share the pleasure of slipping into a blissful, relaxed state with a friend, a lover, or any combination thereof.

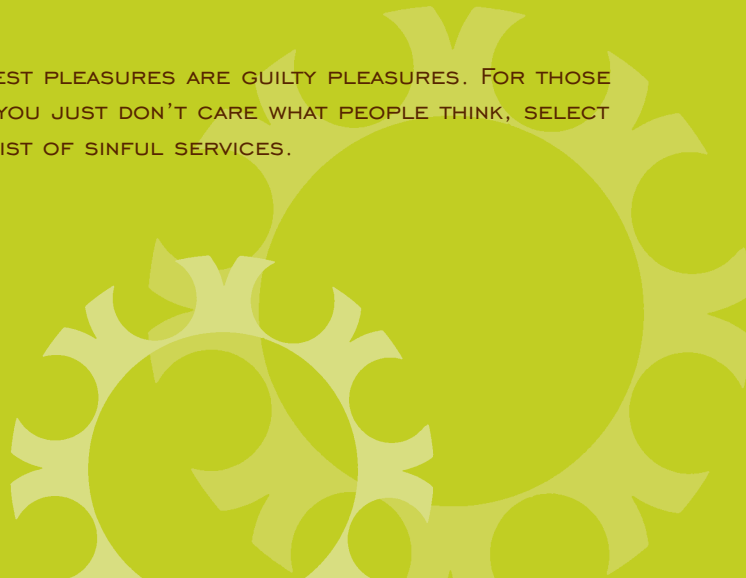
50 Minutes • \$280

80 Minutes • \$380



G SPA FOR GUILTY PLEASURES

SOMETIMES THE BEST PLEASURES ARE GUILTY PLEASURES. FOR THOSE OCCASIONS WHEN YOU JUST DON'T CARE WHAT PEOPLE THINK, SELECT FROM OUR LONG LIST OF SINFUL SERVICES.



G SPA GUILTY PLEASURE BODY TREATS

- G Spa Salt Glow** – Salt, when in the hands of an expert, possesses some remarkable skin-enhancing properties. Perhaps the most important of which is that it provides you with the polish and glow you so richly deserve. • \$100
- G Spa Sweet Rub & Scrub** – This semi-scandalous session uses reflexology techniques and citrus exfoliation for an invigoratingly good time. • \$120
- G Tox Wrap** – This wrap purifies and clarifies the skin with grapeseed and olive leaf extracts, known antioxidants. Your wrap begins with a thorough cleansing, then is masqued and wrapped in a deliciously scented wine therapy crème, resulting in rejuvenated and replenished skin. • \$165
- Got-Your-Back Beautifying Treat** – This serious service is for people who suffer from “bacne”, and is designed to make you proud to show off your shoulders. You’ll enjoy the gentle cleansing, exfoliation and extractions followed by a custom treatment masque and light hydration. • \$100
- G Bronze Tanning Application** – No matter the time of the year, get that “just got back from the tropics” look with this glowing treatment. You’ll be polished to perfection before your luscious glow is applied. • \$120
- Ménage-a-G Spa** – If you have the time, we have the treatment. Combine any three or more sinful spa services for a custom pampering package. • *Based on selections*
- Group Therapy** – Same as the above, only just for couples, that means you and your mate get treated magnificently over and over and over again. • *Based on selections*

G SPA NATIVE AMERICAN - INSPIRED SERVICES

NATIVE AMERICAN CULTURE IS STEEPED IN TRADITION WITH RITUALS DESIGNED TO HEAL BOTH BODY AND SPIRIT. THE SAME AS THEY DO AT G SPA. OUR RESPECT FOR OUR NATIVE AMERICAN HOSTS AT FOXWOODS IS DEMONSTRATED IN THE UNIQUE NATIVE AMERICAN INSPIRED SERVICES WE OFFER YOU. MANY OF OUR RELAXING AND REPLENISHING RITUALS MAKE USE OF THE CALMING AND CLEANSING PROPERTIES OF ONE OF THE ESSENTIAL ELEMENTS OF LIFE – WATER, WHILE OTHERS UTILIZE COMPONENTS CRUCIAL TO NATIVE AMERICAN CULTURE, INCLUDING CLAY, MAIZE AND VARIOUS HERBALS. AS WITH ALL THE EXCLUSIVE SERVICES OFFERED AT G SPA, THESE TOO ARE CUSTOMIZED TO MEET YOUR SPECIFIC REQUIREMENTS.

G Spa Raindrop Mani

This special service begins by adding several drops of our tranquility essential oil blend to the hand soak solution. Then we scrub a generous amount of sea scrub, damping skin and massaging up to the elbow. A thin layer of marine masque is next, followed by an ample amount of marine gel to moisturize thoroughly. All leading to a mani that leaves hands feeling and looking magnificent.

• \$60

G Spa Raindrop Pedi

This special service is similar to our G Spa Raindrop Mani, only it's designed for your feet. We also add a scoop of milk juniper elixir to the footbath for results that leave toes tingling with pleasure.

50 Minutes • \$110

G Spa Raindrop Collagen Facial

The central ingredient of the G Spa Raindrop Collagen Facial is our restructuring marine crème - with a rich and silky texture. It calms, soothes and hydrates. It's enhanced by special brown algae, which helps to increase the synthesis of collagen and restructure the skin's tissues.

80 Minutes • \$190

G Spa Raindrop Moisturizing Wrap

We embraced the benefits of the sea and its vital elements when we created the G Spa Raindrop Moisturizing Wrap. To ensure the perfect outcome every time, we feature the complete line of Thalmer products from Thalasso SPA. From remineralizing masks and algae mud, to marine plankton and sea milk, let us devise a custom solution to calm, soothe and hydrate your skin.

80 Minutes • \$200

G Spa Raindrop Massage

For deep well-being, it all begins with the essence of the sea and with the G Spa Raindrop Massage, we once again feature the full line of Thalmer products from Thalasso SPA. Drawing on the recuperative powers of the ocean, these unique products, when placed in the adept hands of our master therapists, work wonders on your body. You'll leave your session feeling relaxed and rejuvenated.

50 Minutes • \$150

80 Minutes • \$230

G Spa Red Clay Mani

For this special mani we use a Volcanic Clay Masque, which is fortified with a rich blend of hydrating and protective Vitamins A and E, Pro Vitamin B5, and grapeseed extract. Together, these effective ingredients aid in helping to moisturize, condition and protect the skin against the visible signs of environmental stress.

• \$50

G Spa Red Clay Pedi

This special service is similar to our G Spa Red Clay Mani, only it's designed for your feet with the added benefit of a luxurious calf and foot massage.

• \$90

G Spa Maize & Mountain Laurel Body Scrub

For this Native American Inspired Service, we bring together locally abundant natural ingredients, which we formulate to provide a singular treatment to maximize the revitalization of your skin. Your polished and hydrated skin will rejoice!

50 Minutes • \$120

G Spa Sensual Alluvium Body Wrap

Like our G Spa Maize & Mountain Laurel Body Scrub described above, this special service uses abundant natural ingredients such as alluvium, the clay left by flowing streams, which produces fertile soil, and for you - revitalized and detoxified skin.

50 Minutes • \$130

Milk & Honey Wrap

The term "Milk & Honey" is a Biblical reference to the agricultural abundance of the Land of Israel. It's abundantly clear that this wonderful body treatment is the ideal way to rid yourself of dry skin. We begin the process by soaking our wrap in milk and honey, then applying it to your body. The combination of milk and honey moisturizes and nourishes, leaving your skin silky and smooth.

50 Minutes • \$135

HOPE IT WAS AS GOOD FOR YOU AS IT WAS FOR US.

NOW THAT YOU'RE READY TO TAKE ON THE DAY AND NIGHT WITH RENEWED VIGOR AND FOCUS, WE IMPRESS UPON YOU NOT TO FORGET YOUR SATISFYING EXPERIENCE, AND THE SPECIAL PLACE PREPARED TO HIT YOUR **SPOT** EVERY TIME YOU RETURN – G SPA.

G SPA FOR A “WICKED” GOOD WORKOUT

Whatever your exercise pleasure, G Spa has the right exercise equipment for you. Whether you visit the gym daily, are a weekend warrior, or someone who rarely breaks a sweat, G Spa has the spot for you – our 4,000 square foot fitness center. G Spa has a full cardio loop with Life Fitness Treadmills, Arc Trainers, and Recombinant Bikes.

After you’ve completed your aerobic workout on the Cardio Loop, you can supplement your workout with free weights. Our fitness associates will be happy to show you exercises designed to focus on the specific muscle groups you may wish to work.

Finish off your “wicked” good workout with a visit to G Spa’s Aqua Center.

G SPA AQUA CENTER PUTS YOU IN YOUR ELEMENT

Water is a critical element in sustaining your spiritual wellness. Enjoy a swim in G Spa's lap pool. Augment your relaxing soak in our huge co-ed hot tub or enjoy a more contemplative moment in one of our separate men's or women's hot tubs. To complete your relaxation, we offer separate men's and women's aromatherapy steam rooms and herbal saunas. Individualized hydro-based treatments are also available. (Additional fees will apply.) G Spa has the water therapy for you. It's elemental.

G Spa guests may obtain access to the Fitness Center (including lap pool, co-ed hot tub, men's and women's spas, steam rooms, saunas, and locker rooms), through the purchase of Selected Spa Services or through the purchase of a daily pass for \$25.

FOR YOUR INFORMATION

We offer a relaxed atmosphere, so please feel free to wear your most comfortable clothing. Please do not wear jewelry to G Spa. Before and After Spa Services use of our fully equipped locker rooms, custom G Spa robes, towels, and slippers is always our pleasure.

We suggest that you arrive early for any G Spa Skin Treat, Massage Therapy, Guilty Pleasure Body Treat, or Native American Inspired Service to enjoy the benefits of the G Spa's wondrous elemental relaxation facilities – pool, hot tub, steam, and sauna.

We gladly accept the following methods of payment: MGM Grand at Foxwoods, Grand Pequot Tower, Great Cedar Hotel, or Two Trees Inn room charges, MGM Grand at Foxwoods/ Foxwoods Gift Cards, Major Credit Card, Dream Points and Cash. G Spa/Foxwoods Gift cards are available for purchase.

G Spa is an adults only facility. We request that your children do not accompany you to G Spa.
To ensure a healthy environment for our clients, smoking is not permitted at G Spa.
Prices are subject to change without notice. 24 hour cancellation policy. Gratuities are at your discretion.

G SPA HOURS OF OPERATION

Pool, Health & Fitness Areas - Daily 6:30 am - 9:00 pm

Salon and Spa Services - Daily 8:00 am - 8:00 pm



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